

EDU-MENT

Education in Mental Health for Nurses in Home and Residential Care

Data and Facts

Program.	Erasmus+
Program Field.	Vocational Education and Training
Form ID.	KA220-VET-2FD42AAD
Project title.	Education in Mental Health for Nurses in Home and Residential Care
Project Acronym.	EDU-MENT
Kick-Off Meeting.	October 9, 2023, Hall i.Tirol / UMIT TIROL
Duration.	36 Months (End 30.09.2026)
Lump Sum.	250.000 Euro
Project Lead.	UMIT TIROL. Division für Integrierte Versorgung Project Coordinator: a.o. Univ.-Prof. Dr. Eva Schulc Project Manager: Univ.-Ass. Chiara Messina und chiara.messina@umit-tirol.at & eva.schulc@umit-tirol
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Partner.	A partnership of 5 organizations (HEI and VET) from 3 partner countries (Cyprus, Austria and Slovenia), all with long experience in the fields of Elderly Care and Community Nursing, Integrated Care to develop a holistic and integrated care approach to identify and address psychosocial distress in clients* without psychiatric diagnosis.

Mission Statement

Long Version: Our mission is to sustainably improve the quality of mental health of clients in need of care by empowering caregivers to recognize, understand, and professionally manage psychosocial behavioral changes through a specialized certificate course.

Shorr Version: Improving the quality of mental health of clients in need of care by empowering caregivers.

Vision Statement

Long Version: The vision is to ensure that clients in need of care receive appropriate support to maintain their mental health and regain their vitality.

Short Version: Supporting and Regaining the vitality.

Project – Summary (Long Version)

Background: In a case of societal dimension, it is evident that in addition to chronification, socio-structural change, shortage of medical specialists, “outpatientization”, the recent impact of the COVID-19 pandemic on the Mental Health of people in need of care is not yet known in its full extent. Negative feelings or behavioral changes such as despair, helplessness, hopelessness, overwhelm, anxiety, listlessness, depression, loneliness, suicidal thoughts or actions, psychosomatic complaints, alcohol or medication abuse, or pre-psychotic symptoms are manifestations of psychological and social well-being. These psychological changes caused by social or disease-related changes in experience and behavior increasingly contribute to a decrease in social contacts and social ability, especially among elderly people and/or people in need of care living at home or in residential facilities. These psychological changes caused by social or disease-related changes in experience and behavior are increasingly contributing to a decrease in social contacts and social ability, especially among elderly people and/or people in need of care living at home or in inpatient long-term care facilities

Zielsetzung. The EDU-Ment Project aims to provide professional nurses in home care and inpatient long-term care facilities without a psychiatric diploma with practical training in dealing with psychosocial behavioral changes in clients in need of care within the framework of a certificate course (5 ECTS credit Points). They will be trained in their digital competencies, in their skills for early detection, control and combating of psycho-social behavioral changes and in their skills for institutional implementation. This will enable caregivers to better reach clients in care and support them in accessing informal and formal service providers in a targeted way.

Project Products. The EDU-MENT project will develop a certificate course on Mental Health for nurses with a general diploma worth 5 ECTS credit points. This includes a web-based and a blended learning (BL)-based concept. This BL certificate course is being piloted in Austria, Slovenia and in Cyprus. The relevant learning materials (videos, textbooks, assignments, quizzes, etc.) that are developed and used will be made available as open educational resources wherever possible. This will allow their use and the use of the curriculum in other countries. The e-learning platform will be organized by learning objectives and course topics. High quality and web-based materials from international experts in teaching, research and practice for effective vocational training and higher education will be made available on it for other interested educational institutions. Together with the instructional design framework that we will develop as part of the project, this will enable vocational and higher education institutions to develop their own certificate courses more efficiently for specialized continuing education. The integration of the certificate course can also be incorporated as a module in existing curricula for bachelor's or master's degree programs in nursing (science).

Activities: UMIT TIROL is leading the EU project and is thus responsible together with the partners for the development of digital screening tools for the identification of mental health, which will be tested and adapted for the first time in a train-the-trainer course. With the development of a curriculum for early identification, monitoring and combating psycho-social problems of clients* in need of care, the four-day postgraduate certificate course for nurses will be offered for the first time in Austria, Slovenia, and Cyprus. The project outputs include learning materials, user manuals, guidelines, a workbook, transnational reports, etc. At the end of the project the participants* will be supported in the organizational implementation of the newly acquired competences in their institution.