

# COURSE OFFERS IN DEGREE PROGRAM IN NURSING, KEMI CAMPUS, SPRING 2019

## **K702D31 Paediatrics and Nursing Care of Children and Adolescents, 5.00 ECTS credits, 133 h**

### Competence goals:

The student knows how to assess and support the growth and development of children and adolescents, and the related individual and community-based factors. S/he can assess and support the health of children and adolescents with special needs. In addition, s/he is able to assess and support the sexual development and health of children and adolescents and to use family nursing working methods that foster family resources and parenthood. The student is also able to assess and define the need of care, to plan and provide nursing care for children and adolescents and to take into account the special issues related to this field. S/he can provide accurate, safe medical care for children and adolescents.

## **K702DL25 Health Promotion in Mental Health and Substance Abuse Nursing, 5.00 ECTS credits, 133 h**

### Competence goals

You can parse the structure and development of positive mental health according to stress and development theories and from a biological perspective. You can assess care needs and goals in accordance with the nature of the mental disorder in question.

You initiate and maintain care-related interaction with mental health and substance abuse patients and those close to them in a variety of care environments in a manner that promotes mental health, prevents mental disorders and is resource-oriented.

You understand the effects of mental health and substance abuse on the well-being of individuals, those close to them, the environment and society.

You can support people in acute crises.

### Themes and essential content:

#### Preventive and supportive mental health nursing

- Positive mental health, promoting mental health in different age periods and preventive support of risk groups
- Factors that affect the development of mental health: stress and trauma theories, personality development theories and the biological perspective
- Goals, forms of treatment and related methods in mental health nursing; nature and elements of the care relationship

#### Crisis and substance abuse nursing

- Methods of substance abuse nursing and early intervention
- Various crises and methods of crisis work

Assessment criteria

<b>Satisfactory</b>	<b>Good</b>	<b>Very good</b>
You describe the building and development of positive mental health from a variety of perspectives.	You parse and structure the building and development of positive mental health from a variety of perspectives.	You evaluate the building and development of positive mental health from a variety of perspectives.
You identify the care needs and goals of mental health patients in accordance with the nature of the mental disorder in question.	You structure the care needs and goals of mental health patients in accordance with the nature of the mental disorder in question.	You assess the care needs and goals of mental health patients in accordance with the nature of the mental disorder in question.
You define care-related interaction with mental health and substance abuse patients and those close to them in various care environments in a resource-oriented manner that promotes mental health and prevents disorders.	You implement and justify care-related interaction with mental health and substance abuse patients and those close to them in various care environments in a resource-oriented manner that promotes mental health and prevents disorders.	You initiate and maintain care-related interaction with mental health and substance abuse patients and those close to them in various care environments in a resource-oriented manner that promotes mental health and prevents disorders.
You determine the effect of mental health and substance abuse on individuals and their families and the well-being of the environment, society and cultures.	You apply information about the effect of mental health and substance abuse on individuals and their families and the well-being of the environment, society and cultures.	You link the effect of mental health and substance abuse to individuals and their families and the well-being of the environment, society and cultures.
You identify patients in an acute crisis.	You initiate contact and interact with patients in an acute crisis.	You support patients in an acute crisis.

Fail: The student has not achieved a satisfactory level.

**K702DL22A Health Promotion Methods and Nursing Interventions, 17.00 ECTS credits, 453 h**

Objectives

Nursing that is safe for patients

- Process and documenting in nursing
- Skills and activities of clinical nursing
- Patient safety

Health-promoting guidance

- Principles of health promotion
- Guidance and teaching in nursing
- Oral and written communication in nursing

Human organ systems

- Basics of human anatomy and physiology

Pedagogical arrangements

Lessons, independent study, simulations, practical training, Training Camp, hands skills practise, assignments, exams

Assessment

Health Promotion: pre assignment (passed - failed), group exam (1-5)

Anatomy and physiology: exam

Medication: exams in pharmaceutical calculations and in drug administration

### **VV7U Survival Finnish (5 ECTS)**

The student will be able to get by (survive) in simple everyday situations in Finnish. S/he will understand simple-structured written and spoken messages about everyday subjects. The aim is to achieve at least the level A1 of the CEFR (the Common European Framework of Reference for languages).

Proficiency level A1 in CEFR: Can understand and use familiar everyday expressions and very basic phrases aimed at the satisfaction of needs of a concrete type. Can introduce him/herself and others and can ask and answer questions about personal details such as where he/she lives, people he/she knows and things he/she has. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.

**There are no contact lessons in this course.**

**Headsets:** Student must bring his/her own USB Headset to successfully participate in Adobe Contact e-classes.

**Support:** If any questions about Adobe Contact etc., feel free to contact eLearning Services staff <http://eoppimispalvelut.fi/?lang=eng>